



# READY STEADY TOKYO

## Wrestling

### Test Event Guide

OCTOBER 3-5, 2019





# COMPETITION INFORMATION

## 1.1 EVENT INFORMATION

Name of the Event	READY STEADY TOKYO - Wrestling
Sport Events	All 6 (Olympic Women's Freestyle Wrestling) Weight categories (50kg,53kg,57kg,62kg,68kg,76kg)
Venue	Makuhari Messe Hall A
Location	Chiba-city
Competition Date	October 3-5,2019
Entry Fees	No
Ticketed Event	No

## 1.2 SCHEDULE

Date	Activity
Tuesday 1/10/2019	Arrival of the Delegations
Wednesday 2/10/2019	Referee Consultation Technical Conference Draw for All weight categories : 76kg,68kg,62kg,57kg,53kg,50kg
Thursday 3/10/2019	Medical Examination & Weigh-in I 76kg,68kg,62kg Morning session & Evening session 76kg,68kg,62kg (1/8, 1/4, 1/2 Finals)
Friday 4/10/2019	Weigh-in II 76kg,68kg,62kg Medical Examination & Weigh-in I 57kg,53kg,50kg Morning session & Evening session 76kg,68kg,62kg (Repechage, 3-5, Final) 57kg,53kg,50kg(1/8, 1/4, 1/2 Finals)
Saturday 5/10/2019	Weigh-in II 57kg,53kg,50kg Morning session 57kg,53kg,50kg (Repechage, 3-5, Final)
Sunday 6/10/2019	Departure of the Delegations



# 1 COMPETITION INFORMATION

## 1.3 THE COMPETITION

- The competition will be held according to the UWW Rules of Wrestling and all other Regulations of UWW;
- The competitions will be conducted in the following weight categories:50,53,57,62,68 and 76kg. 2kg weight tolerance is allowed;
- 3(three) UWW approved mats will be used for the competitions.

## 1.4 ENTRIES & ACCREDITATION

READY STEADY TOKYO - Wrestling will be held as follows.

- Invited Countries

(Total:12 2018 Senior World Championship Women’s Wrestling Teams Ranking Top 10 countries and Japan and next Olympic organiser, France.)

1.China 2.USA 3.Canada 4.Mongolia 5.Ukraine 6.Turkey 7.India 8.Bulgaria 9.Azerbaijan 10.Belarus 11.France 12.Japan

(\*If any country abstain, next ranking country will not be invited.)

- Each National Federation can enter a maximum of one (1) wrestler per weight category.
- Each wrestler must have a valid UWW license purchased beforehand from UWW.
- The structure of the official delegation per style laid down by UWW is as follows:

Wrestlers	1	2-3	4-6
Officials(coach,doctor ,etc)	1	2	3
Total	2	4-5	7-9

※Above numbers are maximum of delegation members. Additional persons are not acceptable.

- The participating referees for the Test Event will be selected by UWW.
- Each wrestler must undergo a medical examination before weigh-in.
- The Organising Committee assures the first aid during the competition. The annual license issued by UWW covers the hospital costs for the participating wrestler in case of accident. If an insured person wishes to undergo a medical examination or treatment which is not the consequence of an accident during the Championships, the cost of such examination or treatment must be borne by the person concerned or by her National Federation. The reimbursement of these expenses can under no circumstances be claimed from the insurance company.

### PARTICIPATION CONFIRMATION

- [August 31, 2019 \(PM12:00 in Japan Time\)](#): Final Deadline for READY STEADY TOKYO Wrestling: 50,53,57,62,68 and 72kg and other delegation members with all necessary information.
- Registration must be by UWW Athena System. After the deadline any modification cannot be acceptable.



# LOGISTICAL ASPECTS

## 2.1 ACCOMODATION

<b>Hotel</b>	Apa Hotel & Resort <Tokyo Bay Makuhari>
<b>Address</b>	2-3 Hibino, Mihama Ward, Chiba City, Chiba, 261-0021
<b>URL</b>	<a href="https://www.apahotel.com/resort/makuhari/index.html">https://www.apahotel.com/resort/makuhari/index.html</a>
<b>Period</b>	October 1st, 2019 (Tue.) to October 5th,2019 (Sat.) 5 nights
<b>Number of Rooms (Per country)</b>	Single;4 rooms and Twin;3 rooms
<b>Meal</b>	Provide three meals (Breakfast, lunch, and Dinner)
<b>Facilities</b>	Spa & Sauna, Free Wi-Fi, Self-service laundry, Money exchange, Convenience store, Parcel delivery service

※ Accommodation cost of Wrestlers and Officials within the regulation of this guide will be covered by the Organising Committee.

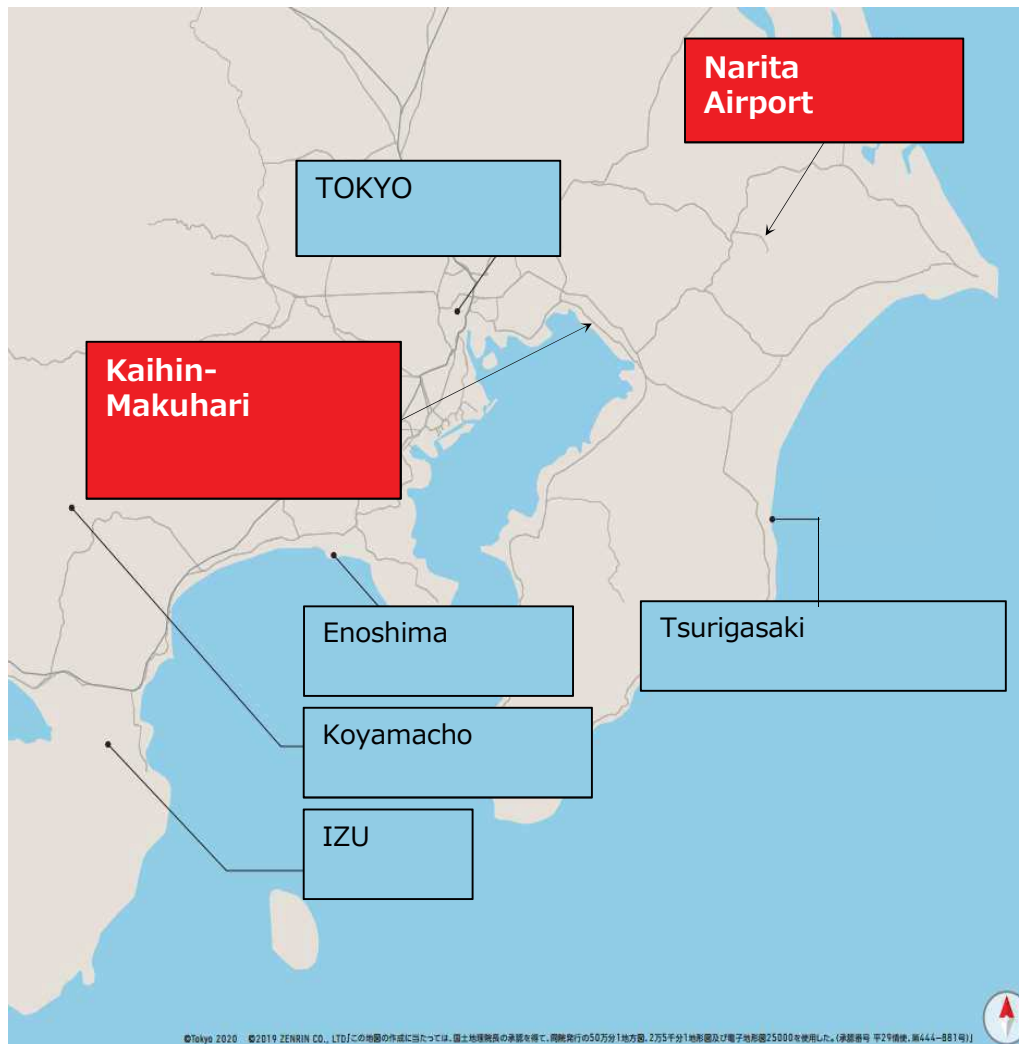


# 2 LOGISTICAL ASPECTS

## 2.2 TRANSPORT

The Travel Agency TOBU TOP TOURS CO.,LTD. is planning to arrange transfer service between hotels and airports dedicated for the competing Nations on prearranged days and time, possibly on Oct. 1 & 2 for arrival and Oct. 6 for departure. (TBC).

The Organising Committee prepares the transport between Narita Airport and Apa Hotel & Resort.





## LOGISTICAL ASPECTS

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### 2.3 VISA PROCESS

TOBU TOP TOURS CO.,LTD. the appointed Travel Agency can provide help and assistance to National Federations needing a Visa for the Wrestling Test Event here in Tokyo.

For all the participants that are nationals from countries who need a visa to enter Tokyo, please contact TOBU TOP TOURS CO.,LTD. Tokyo2020 will provide invitation letters that must be submitted with the visa application at the chosen Japanese Consulate/Embassy abroad.

Please fill out the attached application form and by email to [travel\\_wrestling@tobutoptours.co.jp](mailto:travel_wrestling@tobutoptours.co.jp) with by **31<sup>st</sup> of August,2019(PM12:00 in Japan Time)**,along with passport copies of all the applications.

Prior to making arrangements for your travel, we recommend you check the Visa and Work Permit.

Please see the below website for further information. In this website you will find information on which type of Visa you will need to bear. You will also be able to find instructions on how to apply for your visa.

<https://pregamestraining.tokyo2020.jp/en/entrance/>

It is also important to remind that the time frame for issuing a Visa to Tokyo will depend on the country where the participant is applying.

Please check the website of the chosen Japanese Consulate or Embassy for further information on turnaround times.



## CONTACT

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<b>Competition Information</b>	Tokyo2020 Wrestling Team <a href="mailto:wrestlingteam@tokyo2020.jp">wrestlingteam@tokyo2020.jp</a>
<b>Accommodation / Visa support</b>	TOBU TOP TOURS CO.,LTD. <a href="mailto:travel_wrestling@tobutoptours.co.jp">travel_wrestling@tobutoptours.co.jp</a>

**TOKYO 2020 TEST EVENT (WW)**

**TOKYO (JPN), 03-05.10.2019**

<b>PROGRAM / PROGRAMME</b>		
Tuesday / Mardi 01.10.2019		Arrival of the delegations Arrivée des délégations
Wednesday / Mercredi 02.10.2019	09.00-13.00	Referees' Consultation Consultation des arbitres
	16.00-16.30	Technical conference – all teams Conférence technique – toutes les équipes
	17.00	Draw WW – 76-68-62-57-53-50kg Tirage au sort LF – 76-68-62-57-53-50kg
Thursday / Jeudi 03.10.2019	08.00-08.30	I Medical examination & Weigh-in WW – 76-68-62kg I Examen médical & Pesée LF – 76-68-62kg
	11.00-13.00	Qualification rounds WW – 76-68-62kg Tours éliminatoires LF – 76-68-62kg
	18.15-19.15	Semi Final WW – 76-68-62kg Demi Finale LF – 76-68-62kg
Friday / Vendredi 04.10.2019	08.00-08.15	II Weigh-in WW – 76-68-62kg II Pesée LF – 76-68-62kg
	08.15-08.45	I Medical Examination & Weigh-in WW – 57-53-50kg I Examen médical & pesée LF – 57-53-50kg
	11.00-11.20	Repechages WW – 76-68-62kg Repechages LF – 76-68-62kg
	11.20-13.20	Qualification rounds WW – 57-53-50kg Tours éliminatoires LF – 57-53-50kg
	18.15-19.15	Semi Final WW – 57-53-50kg Demi Finale LF – 57-53-50kg
	19.15-21.45	Finals WW – 76-68-62kg Finales LF – 76-68-62kg Award ceremonies / Cérémonies protocolaires
Saturday / Samedi 05.10.2019	08.00-08.15	II Weigh-in WW – 57-53-50kg II Pesée LF – 57-53-50kg
	10.30-10.50	Repechages WW – 57-53-50kg Repechages LF – 57-53-50kg
	11.20-13.50	Finals WW – 57-53-50kg Finales LF – 57-53-50kg Award ceremonies / Cérémonies protocolaires
Sunday / Dimanche 06.10.2019		Departure of the delegations Départ des delegations