

TECHNICAL HANDBOOK WRESTLING



1.

General Competition Schedule with venues (All Sports)

- 2. Submission of Entries
 - Entry by Number
 - Deadline for submission of Entry by Number Forms is March 15, 2019 at 24:00 hours Philippine time (GMT+8)

Entry by Name

 Deadline for submission of Entry by Name Forms is October 20, 2019 at 24:00 hours Philippine Time (GMT +8)

3. Eligibility

- 3.1 To be eligible for participation in the SEA Games, a competitor must comply with the SEA Games Federation (SEAGF) Charter and Rules as well as Rule 40 and the Bylaw to Rule 40 of the Olympic Charter (Participation in the Games).
- 3.2 Only nationals of the country of the NOC shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country, which an athlete may represent in the SEA Games shall be resolved in accordance with the South East Asian Games Federation (SEAGF) Charter and Rules as well as Rule 41 and By-law to Rule 41 of the Olympic Charter (Nationality of competitors).
- 3.3 All wrestlers must hold a Valid International License granted by UWW.

4. Doping Control

- 4.1 PHISGOC, under the guidance of the SEAGF, will be responsible for the Anti-Doping Programme during the 30th SEA Games, 2019. The Anti-Doping Programme will be implemented in accordance with SEAGF Anti-Doping Rules and the World AntiDoping Code and its relevant International Standards.
- 4.2 Doping Control stations will be set up at the competition venue, where in competition testing will be conducted. The Test Distribution Plan and criteria for athlete selection for each sport





will comply with the Doping Control protocol established by the SEAGF and PHISGOC.

- 4.3 Doping Control procedures will be implemented according to WADA's International Standards for Testing and Investigations. Sample analysis will be performed at a WADA-accredited laboratory.
- 4.4 An athlete identified for doping testing should be accompanied by a team official for the entire testing process.

5. Approval of the Technical Handbook

This Technical Handbook was approved by The **South East Asian Council of Wrestling** on August 20th 2019.

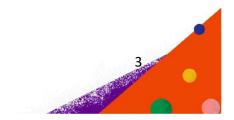
Any further amendments to the Technical Handbook shall be circulated via e-mail to the NOCs.

6. Competition Information

6.1 Competition Dates:	December 09-10, 2019
6.2 Competition Venue:	Angeles University Foundation, Pampanga

7. Events

The Wrestling competition will consist of three (3) events Greco Roman (6) Freestyle (6) Women's Wrestling (6)





1	Greco Roman 55 kg	~	
2	Greco Roman 60 kg	~	
3	3 Greco Roman 63 kg		
4	Greco Roman 72 kg	~	
5	5 Greco Roman 77 kg		
6	Greco Roman 87 kg	✓	
7	Freestyle 57 kg	~	
8	Freestyle 61 kg	~	
9 Freestyle 65 kg 🗸			
10	Freestyle 70 kg	~	
11	Freestyle 86 kg	~	
12	Freestyle 125 kg	✓	
13	Women Wrestling 48 kg		~
14	Women Wrestling 50 kg		~
15	Women Wrestling 53 kg		~
16	Women Wrestling 55 kg		~
17	Women Wrestling 57 kg		~
18	Women Wrestling 62 kg		~
Total Events per Gender		12	6
Total I	Events:	3	3





8. Quotas

- 8.1 Each NOC may enter a maximum of twelve (12) male and six (6) female athletes for the Wrestling competition.
- 8.2 Each NOC may enter a maximum of One (1) individual athlete per category.

9. Meetings and Key Activities

9.1 Referees Meeting

Date	: December 08, 2019
Time	: 09:00-12:00
Venue	: Angeles University Foundation
	Pampanga

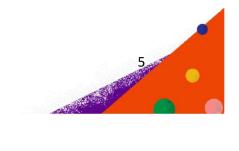
9.2 Team Managers' Meeting

Date	: December 08, 2019
Time	: 09:00-12:00
Venue	: Angeles University Foundation
	Pampanga

9.3 Technical Officials' Meeting

Date : December 08, 2019

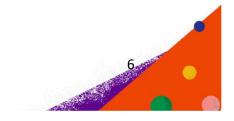
Time : 13:30- 14:30 Venue: Angeles University Foundation Pampanga





10. Competition Schedule

	Wrestl	ing
Saturday 07.12.2019		Arrival of the Delegation
Sunday 08.12.2019	09:00-12.00	Referees' meeting
	Till 12.00	Final entries for GR 55,60,63,72,77,87kg. WW 48,50,53 kg
	13.30-14.30	Technical conference-all teams
	14.30-15.00	Draw GR 55,60,63,72,77,87kg. WW 48,50,53 kg.
Monday 09.12.2019	08.00-08.30	Medical examination & Weigh-in GR 55,60,63,72,77,87kg. WW 48,50,53 kg.
	10.00-13.00	Qualification rounds and repechage GR 55,60,63,72,77,87kg. WW 48,50,53 kg.
	Till 12.00	Final entries for FS 57,61,65,70,86,125kg. WW 55,57, 62 kg.
	13.00-13.30	Draw FS 57,61,65,70,86, 125kg. WW 55,57, 62 kg.
	16.00-18.00	Finals and Award Ceremonies GR 55,60,63,72,77,87kg. WW 48,50, 53kg.
Tuesday 10.12.2019	08.00-08.30	Medical examination and Weigh-in FS 57,61,65,70,86, 125kg. WW 55,57,62 kg.
	10.00-13.00	Qualification rounds and repechage FS 57,61,65,70,86, 125kg. WW 55,57, 62 kg.
	16.00-18.00	Finals and Award Ceremonies FS 57,61,65,70,86,125kg. WW 55,57, 62 kg.
Wednesday 11.12.2019		Departure of delegation





11. Competition Procedures, Rules and Regulations

11.1 Competition Rules

The Wrestling competition of the 30th SEA Games 2019 will be held in accordance with the current United World Wrestling (UWW) Rules and Regulations under the guidance of the Technical Delegate (TD) appointed by the **South East Asian Council of Wrestling.**

In case of any disagreement in the language interpretation of the UWW Rules and Regulations, the English version shall prevail. Any unforeseen cases not covered by the Rules and Regulations shall be resolved as follows:

- 11.1.1 General Issues: To be resolved in accordance with the SEAGF Charter and Rules.
- 11.1.2 Technical Issues: To be resolved in accordance with the IF Rules and Regulations and Norms.

11.2 Competition Format

11.2.1 Individual Events

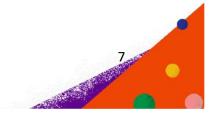
The individual competition shall be conducted based on direct elimination will be established according to the UWW Official Ranking.

11.3 Disqualification Rules

Depending on the offence, the bout or the entire competition will be decided in accordance with the UWW Rules and Regulations.

11.4 Delays, postponements or cancellations

The Technical Delegate must consult the PHISGOC Secretariat if there is any delay, postponement or cancellation of any competition that affects the scheduled times for "live broadcast" or victory ceremonies.





12. Sports equipment and Competition attire

12.1 Sports equipment

All sports equipment used by athletes in competition must comply with the SEAGF Charter and Rules and UWW Rules and Regulations.

12.2 Clothing

All clothing worn by athletes in competition must comply with the SEAGF Charter and Rules and UWW Rules and Regulations.

13. Technical Officials and Jury of Appeal

The appointments of Technical Officials and Jury of Appeal members will be in accordance with Article 41 of the SEAGF Charter and Rules.

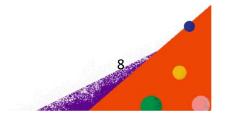
13.1 International Technical Officials (ITOs)

13.1.1 **The South East Asian Council of Wrestling** shall appoint TWO (2) Technical Delegate, and three (3) neutral referees.

PHISGOC will pay for the costs of international transportation based on an economy direct-route fare, local transport, food, accommodation and per diem for these Technical Officials (ITOs) and designated officers suggested by SEA Council of Wrestling in a total number not more than 20 officers.

13.2 National Technical Officials (NTOs)

The Wrestling Association of the Philippines (WAP) will appoint such number of National Technical Officials (NTOs) as may be approved by PHISGOC to assist the International Technical Officials.





14. Directory

Wre	Wrestling Association of the Philippines (WAP)				
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Addı	М	-	hilsports Complenue, Pasig City		
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