

GENERAL REGULATIONS

PARTICIPATION:

- 1. Only the National Federations affiliated to United World Wrestling can participate in the Championship. They are fully responsible for entering their athletes within the deadline.
- 2. National Federations or Committees can enter, for each style, a maximum of 2 athletes per weight category. Final entries confirming the names of participants, number of nights of their staying for the accommodation package should be entered on Athena (http://athena.unitedworldwrestling.org/) before 10 October 2021. If you have any issue using Athena you can contact aso@unitedworldwrestling.org.
- All athletes are under the responsibility of the National Federations and Committees, as well as directly
 authorized representatives and coaches. Any violation will be punished in accordance with the rules of
 United World Wrestling.
- 4. The organizing committee is providing an accommodation package that includes accommodation in double bedroom, breakfast, lunch, dinner and transportation from/to the competition venue at fixed times. Cost of the accommodation package is 140 CHF/day per person and is to be paid at the accreditation the day of the arrival at the Official Hotel.

The Competition Fee and Transport from/to Airport of Belgrade and from Hotel from/to the Competition Venue are included in the Accommodation Package. The bank details to pay in advance are to be requested from the organizer (srb@unitedworldwrestling.org).

Note: the minimum stay for the accommodation package is 3 nights.

5. Each participant (Athletes, Coaches, Referees, Delegation members) will have to provide a PCR real time molecular COVID-19 test performed within 48h from their arrival to Belgrade airport.

TECHNICAL CONDITIONS

- 1. The competition will run according to the United World Wrestling official rules on 3 approved wrestling mats.
- 2. Competitions will be held in the following weight categories:

Senior (18+ years old)

Men: 62, 66, 71, 77, 84, 92, 100, 130kg

Women: 53, 58, 64, 71, 90kg

Age and nationality will be checked at the weight in during passport control.

3. Each competitor will be requested to undergo a medical examination before the official weigh-in, during which his/her competition uniforms will be inspected for compliance to United World Wrestling rules.

- 4. The drawing of lots for position in the brackets will be done by computer during the creation of the brackets.
- 5. The competitors are allowed to enter several styles, provided that they undergo the official weigh-in held the morning before the beginning of each style. If a registered athlete has not turned up by the end of the official weigh-in time to check his/her weight, he/she will be removed from the brackets and will not be allowed to compete.
- 6. All Athletes and Referees are required to have the United World Wrestling License for the competition year 2021 that includes health insurance. Licenses must be purchased online by each National Federation through Athena (http://athena.unitedworldwrestling.org/) at the cost of 100 CHF. If you have any issue using Athena you can contact aso@unitedworldwrestling.org. To purchase a license online, it is required to submit a medical certificate, a copy of the passport and a digital photo of the athlete.
- 7. Each competitor will be required to wear approved competition uniform complying with the international regulations of United World Wrestling, that is:

Grappling: Board shorts and a rashguard. The first competitor called shall wear an overall red rashguard and the second one an overall blue rashguard (Shorts shall be either of the matching assigned red and blue color or of a neutral color, such as black, white or grey).

Grappling GI: The first competitor called shall wear a red Gi and a red belt and the second one a blue Gi and a blue belt. The country's abbreviation must appear on the back of the athletes' competition uniform.

- 8. Individual prizes will be given to each weight category:
 - 1st place 1 gold medal, certificate
 - 2nd place 1 silver medal, certificate
 - 3rd places 2 bronze medals, certificates
- 9. The first three teams in each style will receive a cup.
- 10. The organizer will conduct random anti-doping test. The categories concerned will be selected and publicly announced at the end of the competition. The laboratory used to analyse these tests will be IOC/WADA approved. The procedure for undertaking the tests and transporting the samples to the laboratory is laid down in the United World Wrestling Regulations and in WADA's Anti-Doping Code.
- 11. Each delegation participating with more than 3 athletes (all styles combined) is required to enter at least 1 referee (referee) of the highest category available in the country. over 15 athletes 2 referees, over 30 athletes at least 3 referees. Countries that do not fulfill the requirement will be penalized for CHF 500.

OFFICIAL CEREMONIES

- 1. The team leaders must confirm their country's national anthem at the time of accreditation in order to avoid any unpleasant situation at the time of the award ceremonies.
- 2. Each participating team must be present at the opening ceremony according to the organizing committee's instructions.
- 3. The national anthem will be played for each individual and team champions.



COMPETITION PROGRAM

SENIOR WORLD GRAF	PPLING CHAMPIONSHIP			
26.10.2021	All day	Arrival of the Delegations		
27.10.2021	17:00	Final time for Accreditation		
	17:00 - 19:00	Referee Seminar		
	19:00 - 20:00	Technical Conference		
	20:00 - 21:00	Draw for Grappling Gi		
28.10.2021 Seniors Grappling Gi	08:00 - 09:00	Medical examination, weigh-in - Grappling Gi Men: 62, 66, 84, 130kg Women: 53, 71, 90kg		
	11:00 - 15:00	Elimination Rounds - Grappling Gi Men: 62, 66, 84, 130kg Women: 53, 71, 90kg		
	15:00 - 17:30	Lunch Break		
	17:30 - 18:30	Repechage and Finals for Bronze - Grappling Gi Men: 62, 66, 84, 130kg Women: 53, 71, 90kg		
	18:30 - 21:00	Final Rounds, Award Ceremony - Grappling Gi Men: 62, 66, 84, 130kg Women: 53, 71, 90kg		
29.10.2021 Seniors Grappling Gi	08:00 - 09:00	Medical examination, weigh-in - Grappling Gi Men: 71, 77, 92, 100kg Women: 58, 64kg		
	11:00 - 15:00	Elimination Rounds - Grappling Gi Men: 71, 77, 92, 100kg Women: 58, 64kg		
	15:00 - 17:30	Lunch Break		
	17:00	Draw for Grappling		
	17:30 - 18:30	Repechage and Finals for Bronze - Grappling Gi Men: 71, 77, 92, 100kg Women: 58, 64kg		
	18:30 - 21:00	Final Rounds, Award Ceremony - Grappling Gi Men: 71, 77, 92, 100kg Women: 58, 64kg		



WORLD CHAMPIONSHIP **GRAPPLING - GRAPPLING GI** 28-31 October, Belgrade, Serbia

08:00 - 09:00	Medical examination, weigh-in - Grappling Men: 62, 66, 84, 130kg Women: 53, 71, 90kg		
11:00 - 15:00	Elimination Rounds - Grappling Men: 62, 66, 84, 130kg Women: 53, 71, 90kg		
15:00 - 17:30	Lunch Break		
17:30 - 18:30	Repechage and Finals for Bronze - Grappling Men: 62, 66, 84, 130kg Women: 53, 71, 90kg		
18:30 - 21:00	Final Rounds, Award Ceremony - Grappling Men: 62, 66, 84, 130kg Women: 53, 71, 90kg		
08:00 - 09:00	Medical examination, weigh-in - Grappling Men: 71, 77, 92, 100kg Women: 58, 64kg		
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18:30 - 21:00	Final Rounds, Award Ceremony - Grappling Men: 71, 77, 92, 100kg Women: 58, 64kg		
All day	Departure of the Delegations		
	11:00 - 15:00 15:00 - 17:30 17:30 - 18:30 18:30 - 21:00 08:00 - 09:00 11:00 - 15:00 15:00 - 17:30 17:30 - 18:30 18:30 - 21:00		

Organizing Committe:

Wrestling Federation of Serbia

Makedonska 28 RS - 11000 Belgrade - Tel: +381 11 26 28 787 - Email: SRB@unitedworldwrestling.org

World Grappling Committee: grappling@unitedworldwrestling.org UWW Associated Styles Committee: aso@unitedworldwrestling.org

HOTEL

Hotel Golden Tulip Zira Beograd

Ruzveltova 35, 11000 Belgrade, NR - https://zira-belgrade.goldentulip.com/sr/

VENUE:

BELEXPO Center

Serbia, 11000 Belgrade, Lomina 44 st. - https://feelserbia.com/all-mice/belexpo-centar/

SANITARY PROTOCOL U23 Senior World Championships World Championship - Grappling Belgrade, October 28 – November 7, 2021

The health protection measures for all wrestling championships that take place under the auspices of the UWW are planned and implemented in accordance with the provisions of the Medical Regulations of the UWW. The COVID-19 pandemic, in addition to the usual measures, also imposes the need for new measures and activities.

In preparation of the Sanitary Protocol, the organizer considered the national guidelines, recommendations of UWW and WHO, in order to provide the best possible conditions for accommodation of the participants and holding the competition, and to reduce the risk of disease and transmission of COVID-19 to a minimum. Having in mind that no single measure provides absolute protection, various prevention measures should be simultaneously applied.

The competition shall be held in "bubble system":

- 1. The participants shall be accommodated in hotels exclusively intended for this activity and without other guests.
- 2. Transport shall include special vehicles intended exclusively for the participants.
- 3. The participants shall restrict their movement to getting from the hotel to competition hall and vice versa.
- 4. Breaking the "bubble"system during the competition is strictly forbidden.
- 5. Each independent violation of these measures causes automatic disqualification.

The organizer will coordinate all activities and measures provided by the plan with UWW, through which it will distribute the document to all national selections of participants before arriving to the competition.

1. Obligations of national selection management

1.1. All participants – including vaccinated people - in the championship must have a negative PCR test to SARS-CoV-2 not older than 48 hours at the time of entry into the Republic of Serbia.

The test must be, in addition to the local language, translated into English.

All participants are required to prepare a printed copy of the PCR test.

1.2. All participants must be under constant medical supervision during the preparations, and a medical examination of all wrestlers must be performed no more than 10 days before arriving at the championship.

During the said medical examination, all the necessary clinical and laboratory tests shall be done, confirming that the wrestlers are healthy and capable of participating in the upcoming competition, and shall eliminate the suspicion of the presence of COVID-19 infection.

This medical report must be official, certified and signed by the doctor and the institution where the examination was performed.

The test must be, in addition to the local language, translated into English.

1.3. All participants in the championship must sign a statement declaring they have no symptoms that could indicate the presence of Covid-19 infection, as well as that they have not been in conscious contact with a COVID-19 positive person in the last 2 weeks (Appendix 1).

They shall deliver these documents at the accreditation point where they shall undergo an antigen test.

- 1.4. Participants who are fully vaccinated against COVID-19, as well as persons who have recovered from COVID-19 infection, should provide the evidence of vaccination/recovery. The documents will be taken into account when considering the measures to be imposed on close contacts of a COVID-19 positive person, in accordance with the applicable national recommendations.
- 1.5. It is necessary to adhere to basic preventive medical measures such as maintaining physical distance, wearing protective masks and hand disinfection. Wearing a mask is mandatory for all participants in the championship except during training, competition fights and during meals. It is necessary to change the mask at least 3 times during the day. Minimize contacts with other participants in competitions from other national selections.
- 1.6. During the championship, the team leader shall control the body temperature of all members of his/her selection, and in case of fever, or the symptoms indicating the COVID-19 infection, the team leader shall notify the Organizer without delay. The thermometer shall be provided by the Organizer.

2. Testing of the participants

Testing of all championship participants using a rapid antigen test on COVID-19 shall be performed immediately upon arrival. Upon receiving a negative test result, participants shall be referred to an accreditation point.

Participants tested positive for the rapid antigen test, shall be isolated in separate rooms, and additionally tested for SARS-CoV-2 using PCR test.

Participants with a negative test result shall be allowed to compete, while positive ones shall be referred to isolation under medical supervision.

3. Transport

Transport of participants shall be performed by special buses. Ventilation and disinfection will be performed daily before and after each transport.

Only accredited participants of the championship may enter the means of transport wearing appropriate protective masks.

The number of passengers in a means of transport is determined by the Crisis Staff's national regulations on the public transport.

4. Accreditation

Accreditation of participants shall be performed at the appropriate accreditation point, according to the established schedule, being large enough to provide physical distance, with provided hand sanitizers, additional number of protective masks, appropriate toilet space, bucket with lid for disposal of used masks. The Organizer shall make an effort to have only one national selection present during the accreditation, and all staff present shall be obliged to apply all recommended preventive measures, including the wearing of protective masks and hand disinfection.

5. Hotel accommodation

Participants shall be accommodated in hotel rooms supplied with a sufficient amount of hygiene and disinfection equipment. The Organizer recommends the use of double or single rooms for accommodation. Participants shall not be allowed to change rooms after getting them at the beginning of the competition.

Hand sanitizers shall be provided at the restaurant entrance. Meals provided shall be attuned to the physical, religious and other needs as required by UWW regulations. Meals shall be provided according to the schedule, in several halls, with food being served by the waiters and respecting the physical distance and other preventive measures.

The time provided for meals is 30 minutes.

In case the selection management needs to hold a meeting with its members, this should be communicated to the hotel reception in order to agree on the time of the meeting. Meetings shall be held in the hotel premises intended for that purpose.

6. Training

The trainings shall take place according to a set schedule delivered to each national federation at specially designated hotel rooms, as well as the competition hall. Disinfection shall be performed before and after the training. Only wrestlers, their coaches and medical staff may enter the mat. Before entering the mat, be sure to pass the appropriate disinfection barrier for shoes and hands. Such barrier shall be placed at the entrance to the training room. Showering - personal hygiene of each athlete shall be performed in their hotel rooms.

On the day of the competition, training and warm-up shall be performed in the hall connected to the competition hall. Each national team shall have its own locker room. The locker room is disinfected after each use. The size of the locker room is adjusted to the number of competitors.

7. Medical examination of competitors before measurement

The medical examination of the competitors before the measurement shall be performed by appointed doctors separately for each category scheduled for the fights on the given day. In addition to the examination prescribed by the UWW regulations, body temperature shall also be measured. Body temperature shall be measured in the hotel at 07:00 by an authorized person from the medical team of the championship. The place for measuring the temperature of the competitors shall be clearly marked in the hotel. A competitor with a fever above 37.5 degrees Celsius shall be excluded from the competition and referred to the Covid clinic.

8. Medical care

Medical care shall be performed according to the UWW Medical Regulations. One doctor and one medical technician will be present at each mat. During the competition, 1 orthopedist with the necessary equipment for possible immobilization will be present. Each team shall have the appropriate medical equipment to provide the necessary assistance. Each medical worker shall wear an appropriate protective mask, and when providing the necessary help to the competitors, special gloves that are thrown away after use.

The resuscitation team will be located next to the mat with all the necessary equipment for resuscitation procedures as well as the means for transporting the injured competitors to the appropriate medical institution. The team must include an emergency doctor.

A doctor and a medical technician shall be present in the mobile outpatient clinic located within the competition facility, who will provide the necessary medical assistance to other participants in the competition.

Two resuscitation ambulances shall be parked in front of the competition hall, which will transport the injured to the appropriate medical institutions, if necessary.

A special clinic for examinations of suspects of COVID-19, in which the infectious disease specialist shall be present, shall be located separately from the other rooms. There, the participants suspected of COVID-19 shall be examined.

In each confirmed case of COVID-19 infection, an epidemiological examination of close contacts shall be performed in accordance with national and WHO recommendations. All people with a confirmed COVID-19 infection shall be eliminated from the competition. Team members, for whom the epidemiological examination determines close contacts with a confirmed COVID-19 case, shall not be allowed to mix with other members of the selection, and other selections, until the end of the examination and obtaining a negative PCR test result. Transport of persons suspected of having COVID-19 shall be performed by special purpose vehicles.

Participants who are positive for COVID-19 and do not require hospital treatment, shall be accommodated on a special floor of the hotel with included special diet and activity regime. The period of isolation shall be adjusted to the applicable national recommendations. Medical care will be provided by an epidemiologist and an infectious disease specialist. Participants who show clinical signs of the disease that require hospital treatment shall be referred to an appropriate hospital.

9. Mat hygiene

Before entering the mat, all competitors must go through a disinfection barrier for shoes, with a material provided for wiping shoes from moisture, as well as hand disinfection. The mat shall be cleaned and disinfected immediately before the start of the competition as well as after each completed fight. The mast shall be disinfected using the disinfectants that do not irritate the skin or mucous membranes.

In case the opening and medal awarding ceremonies are to be performed on the mat, it shall be previously protected with appropriate covers, which shall be removed after the ceremonies are completed, and the mat shall be disinfected again.

10. Referees

Referees must adhere to all preventive medical measures as well as other participants in the competition.

They must not touch the athletes, there is no handshake between the judges and the wrestlers. The athlete bows to the referee instead of greeting. The winner shall be announced by a show of hands. The mat referee shall invite to consult only if necessary. Referees' sets are inspected without touching. A physical distance must be provided between the referee and the timekeeper. The point indicators must be disinfected after use.

11. Anti-doping control

Anti-doping control shall be performed according to clear WADA rules. A special addition to this is that the number of premises shall be increased in order to avoid a larger number of competitors for anti-doping control in a small area.

12. Pre-departure PCR test to Covid-19

PCR test/rapid antigen test to Covid-19 before departure shall be performed at the request and expense of national selections (the price of PCR test is EUR 80, and the price of rapid antigen test is EUR 35).

Testing must be announced at least 3 days in advance at the accreditation point where payment shall be made and a printed form with accurate data of test person submitted (Form for PCR test/rapid antigen test on request is attached hereto), while sampling shall be performed at the same point as rapid antigen testing as the beginning of the competition. All national selections shall receive the results in person or the results shall be sent to them electronically.

13. Medal award ceremony

The medals shall be awarded on a special podium and shall be handed out by UWW officials, without shaking hands with the medal holders and with each other. Congratulations shall be expressed with a bow and verbally.

Medals, plaques and possibly other awards shall be presented by the hostesses on a special tray, and the medal holders shall personally take them and put them around their necks.

Mutual congratulations of the wrestlers by shaking hand and physical contact on the podium are not allowed.

Form for PCR / rapid antigen test* upon request

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Date and time of departure	

Name and surname	Passport no.	Date of birth	E-mail
	Name and surname	Name and surname Passport no.	Name and surname Passport no. Date of birth Date of birth Date of birth