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INVITATION

Polish Wrestling Federation invites for a great celebration of wrestling in Warsaw - Poland Open, that is three tournaments with a long tradition -26th Poland Open in Women's Wrestling, 31st Wacław Ziolkowski Memorial in Freestyle wrestling and 65th Wladyslaw Pytlasiński Memorial in Greco - Roman (FS / GR / WW).

Additionally, for each group we are organizing international training camp in Central Sport Centre - Olympic Preparation Centre in Spała/Poland, below you will find detailed information.

Poland Open is scheduled for 19-24.07.2022 in Warsaw.

General information:

FREESTYLE TRAINING CAMP IN SPALA

When: 11 - 19.07. 2022

The training camp will be attended by the National Polish. For foreign teams we anticipate a total of about 40 places, the first come first served.

Accommodation:

Adress: Central Sport Centre - Olympic Preparation Centre in Spała/Poland, Mościckiego street 6, 97-215 Inowłódz

Price: 70 Euro per day/person for foreign teams + round trip transportation from Warsaw/Okecie airport to Spala + 50 Euro per person in both ways (one way is 120 km from the airport to Spala)

Check-in time is from 14:00 to 11:00 next day, includes 3 meals.

> 31ST WACŁAW ZIOLKOWSKI MEMORIAL IN FREESTYLE WRESTLING **IN WARSAW**

When: 19 - 22.07.2022

Accommodation:

Adress: Airport Hotel Okecie****, Komitet Obrony Robotników street 24, 02-148 Warsaw, The Airport Hotel Okecie is located close to the Chopin Airport (about 1,5 km).

Price: 90 Euro per day/person, includes 3 meals.

Check-in time is from 15:00 to 12:00 next day.

Distance of sports hall from the Airport Hotel about 2 km



















Polski Związek Zapaśniczy / Polish Wrestling Federation

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> 26TH POLAND OPEN IN WOMEN'S WRESTLING

When: 20-24.07.2022

Adress: Airport Hotel Okecie****, Komitet Obrony Robotników street 24, 02-148 Warsaw, The Airport Hotel Okecie is located close to the Chopin Airport (about 1,5 km).

Price: 90 Euro per day/person, includes 3 meals.

Distance of sports hall from the Airport Hotel about 2 km

Woman wrestrling tarining Camp in Spala

When: 24-30.07.2022

The training camp will be attended by the National Polish Team. For foreign teams we anticipate a total of about <u>60 places</u>, the first come first served.

Accommodation:

Adress: Central Sport Centre - Olympic Preparation Centre in Spała/Poland, Mościckiego street 6, 97-215 Inowłódz

Price: 70 Euro per day/person for foreign teams + round trip transportation from Warsaw/Okecie airport + **50 Euro** per person in both ways (120 km from the airport to Spala)

Check-in time is from 14:00 to 11:00 next day, includes 3 meals.

> 65TH WLADYSLAW PYTLASIŃSKI MEMORIAL IN GRECO - ROMAN

When: 22-25.07.2022

Adress: Airport Hotel Okecie****, Komitet Obrony Robotników street 24, 02-148 Warsaw, The Airport Hotel Okecie is located close to the Chopin Airport (about 1,5 km).

Price: 90 Euro per day/person, includes 3 meals.

Distance of sports hall from the Airport Hotel about 2 km

















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➤ GRECO-ROMAN TRAININC CAMP IN SPALA

When: 25.07 - 5.08.2022

The training camp will be attended by the National Polish Team. For foreign teams we anticipate a total of about 60 places, the first come first served.

Accommodation:

Adress: Central Sport Centre - Olympic Preparation Centre in Spała/Poland, Mościckiego street 6, 97-215 Inowłódz

Price: 70 Euro per day/person for foreign teams + round trip transportation from Warsaw/Okecie airport + **50 Euro** per person in both ways (120 km from the airport to Spala)

Check-in time is from 14:00 to 11:00 next day, includes 3 meals.

IMPORTANT INFORMATION FOR THE CLASSIC STYLE, WHICH WILL GO TO GRAND PRIX OF THE GERMANY **GRECO-ROMAN STYLE DORTMUND 5 -7.08.2022**

DIRECT FLIGHT FROM KATOWICE TO DORTMUND WITH WIZZAIR TO THE TOURNAMENT IS POSSIBLE RIGHT AFTER THE END OF THE TRAINING CAMP - ON 5.08.2022 (KATOWICE AIRPORT 12.40 TO DORTMUND **AIRPORT 14.10)**

CONFIRMATION

Please confirm your partcipaton no later than **17.06.2022**.

Registration for the Poland Oopen will be held via ATHENA, we have received permission from UWW. Please send applications for the training camp to pol@uww.org

Confirm your attendance by marking your participation in the Tournament or the Training Camp or inform us that you want to take part in both parts.

BANK TRANSFER: Santander Bank Polska S.A. - account numer: 95 1090 1056 0000 0001 4313 3184

Tax numer: PL 526-12-86-191

You are welcome!

















RULES AND REGULATIONS FOR RUNNING EVENTS IN THE AB SYSTEM.

- 1) As a result of weighing and manual drawing (numbered tokens will be enclosed in a bag) participants will be paired off according to the numerical order determined by the drawing of lots.
- 2) For a competition with 5 athletes NORDIC SYSTEM will be used
- 3) With the number of competitors in a category of 6 and 7, we divide the competitors into two groups.
- 3.1 On the basis of paragraph 3, the first three with 6 competitors in a category or the first four with 7 competitors form the first group A, the remaining three competitors form group B.
- 3.2 In groups we shall compete in a system of each against each other (Nordic system).
- 3.3 In the groups we classify the athletes in places 1, 2, 3, 4 according to the rules and regulations in force, as for the system of each to 5 persons in the weight category, applying the criteria of paragraph 5.1.
- 3.4 Competitors classified in 1st places in their groups will compete in the final bout for 1st place: A1-B1.
- 3.5 Athletes ranked 2nd in their groups, shall fight in the final bout for 3rd place with the athletes ranked 3rd in the second groups: A2-B3 and A3-B2.

4) In categories where the number of competitors exceeds 7, the competition will be held in a two-loss system.

- 4.1 Division into groups A and B.
- 4.1.1 The division into groups A and B shall take place after the first round of direct elimination according to the list of 1-2, 3-4, 5-6....
- 4.1.2 Competitors winning a bout form group A.
- 4.1.3 Competitors losing form group B.
- 4.1.4 A competitor after a free draw in the qualifying round will enter group A in first place.
- 4.2 Pairings in Group A.
- 4.2.1 In Group A, bouts shall be held until two finalists are determined.
- 4.2.2 The competitor placed higher on the list shall fight the nearest competitor placed lower.
- 4.2.3 The competitor after a free draw in the following rounds is added to the top of the list.
- 4.2.4 Fights will be held first to determine the 4 semifinalists:
 - with five athletes the first pair fights, the others in the semifinals are put together in places 2, 3, 4;
 - with six athletes, the first two pairs compete, the others are placed in the semifinals in places 3 and 4;
 - with seven athletes the top three pairs compete, the last athlete is seeded 1st in the semifinals.

- 4.2.5 The winners from the semifinals shall fight each other for 1st place and the losers in the bouts for 3rd place.
- 4.3 Pairings in Group B.
- 4.3.1 In Group B, bouts shall be held until two competitors are selected to fight for 3rd places.
- 4.3.2 The competitor placed higher on the list shall fight the nearest competitor placed lower.
- 4.3.3 The competitor after the free draw placed at the top of the list in the next rounds.
- 4.3.4 If it is possible to pair off, avoid:
 - putting together a pair that has already competed against each other in a competition,
 - repeating a free draw in a competition,
 - if both of the above conditions occur, the higher priority is not to repeat the fight.
- 4.3.5 A competitor losing a bout in group B shall be eliminated from the tournament,
- 4.3.6 Competitors who lost their bouts in group A, except for the semi-final bouts, in the following rounds are added to group B at the end of the list according to the order of the bouts, resulting from the crossover.
- 4.4 Match-up of two pairs of fights for 3rd place.
- 4.4.1 Competitors from the semi-finals of Group A are placed 1st and 4th,
- 4.4.2 The first selected or after a free draw from group B is placed 2nd and the second from group B is placed 3rd on the list.
- 4.4.3 If, on the basis of the above list, there is a repetition of the fights we shall apply, in turn, the following criteria:
 - swap places of the competitors in group B,
 - match fighters from group A with each other and pair fighters from group B with each other.

5) Determination of the final ranking.

- 5.1 The competitor winning the final bout shall be ranked first and his opponent second.
- 5.2 Competitors who have won the third place bouts shall be ranked third and their opponents fifth.
- 5.3 The classification of athletes outside of the final bouts will take place after each round of fighting.
- 5.3.1 Athletes who have dropped out of the tournament shall be ranked higher than athletes who dropped out of the tournament in the previous round of fighting.
- 5.3.2 The competitor with the greater number of classification points is ranked higher, and in the event of equality of points according to the following criteria:
 - the order is determined by the direct duel the winner is ranked higher,
 - the greater number of technical points scored,
 - in the event of an equal number of technical points, the contestants shall be ranked in the same place.

^{*}This is the specific Rules and Regulations for this International Tournament and United World Wrestling will not be responsible for the management of this event.

ZIOLKOWSKI, PYTLASINSKI, POLAND OPEN (FS / GR / WW)

WARSAW (POL), 20-24.07.2022

	PROGRAM / PROGRAMA		
Arrival FS			
Tuesday / 19.07.2022		Arrival of the delegations Arrivée des délégations	
	17.00-18.00	Referees' consultation Réunion des arbitres	
	18.00-18.30	Technical conference – all teams Conférence technique – toutes les équipes	
	Arrival WW		
Wednesday / Mercredi 20.07.2022	08.00-08.30	Medical Examination, Weigh-in & Draw FS 57-61-65-70-74-79kg Examen médical, pesée, Tirage au sort FS 57-61-65-70-74-79kg Tolerance + 2 kg	
	11.00-15.30	Qualification rounds & repechage FS 57-61-65-70-74-79kg Tours de qualifications & repechages FS 57-61-65-70-74-79kg	
	17.30-18.00	Opening Ceremony Cérémonie d'ouverture	
	18.00-20.30	Finals FS 57-61-65-70-74-79kg Finales FS 57-61-65-70-74-79kg Award ceremonies / Ceremonias de premiacion	
Thursday / Jeudi 21.07.2022	08.00-08.30	Medical Examination, Weigh-in & Draw FS 86-92-97-125kg WW 50-53 kg Examen médical, pesée, Tirage au sort FS 86-92-97-125kg WW 50-53 kg Tolerance + 2 kg	
	11.00-15.30	Qualification rounds & repechage FS 86-92-97-125kg WW 50-53 kg Tours de qualifications & repechages FS 86-92-97-125kg WW 50-53 kg	
	18.00-20.30	Finals FS 86-92-97-125kg WW 50-53 kg Finales FS 86-92-97-125kg WW 50-53 kg Award ceremonies / Ceremonias de premiacion	
	Departure FS / Arrival GR		
Friday / Vendredi 22.07.2022	08.00-08.30	Medical Examination, Weigh-in & Draw WW 55-57-59-62-65-68 kg Examen médical, pesée, Tirage au sort WW 55-57-59-62-65-68 kg Tolerance + 2 kg	
	11.00-15.30	Qualification rounds & repechage WW 55-57-59-62-65-68 kg Tours de qualifications & repechages WW 55-57-59-62-65-68 kg	
	18.00-20.30	Finals WW 55-57-59-62-65-68 kg Finales WW 55-57-59-62-65-68 kg Award ceremonies / Ceremonias de premiacion	
Saturday / Samedi 23.07.2022	08.00-08.30	Medical Examination, Weigh-in & Draw GR 55-60-63-67kg WW 72-76 kg Examen médical, pesée, Tirage au sort GR 55-60-63-67kg WW 72-76 kg Tolerance + 2 kg	
	11.00-15.30	Qualification rounds & repechage GR 55-60-63-67kg WW 72-76 kg Tours de qualifications & repechages GR 55-60-63-67kg WW 72-76 kg	
	18.00-20.30	Finals GR 55-60-63-67kg WW 72-76 kg Finales GR 55-60-63-67kg WW 72-76 kg Award ceremonies / Ceremonias de premiacion	
	Departure WW		
Sunday / Dimanche 24.07.2022	08.00-08.30	Medical Examination, Weigh-in & Draw GR 72-77-82-87-97-130kg Examen médical, pesée, Tirage au sort GR 72-77-82-87-97-130kg Tolerance + 2 kg	
	11.00-15.30	Qualification rounds & repechage GR 72-77-82-87-97-130kg Tours de qualifications & repechages GR 72-77-82-87-97-130kg	
	18.00-20.30	Finals GR 72-77-82-87-97-130kg Finales GR 72-77-82-87-97-130kg kg Award ceremonies / Ceremonias de premiacion	

Monday / Lundi	Departure GR	
25.07.2022	Departure of the delegations Départ des délégations	
	Depart des delegations	