



I JUEGOS
CENTROAMERICANOS Y
DEL CARIBE MAR Y PLAYA
Santa Marta / 2022

CENTRO
CARIBE
SPORTS



TECHNICAL
MANUAL



BEACH WRESTLING

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Revision:
UWWA

CCS Technical Commission

 @SantaMartaDTCH  @SantaMartaDTCH  jjccplaya2022

 directorgeneral@santamarta2022.com  Calle 23 # 6-18, oficina 302, plazuela 23 tercer piso.

WELCOME



The Organizing Committee of the **I CENTRAL AMERICAN AND CARIBBEAN BEACH GAMES - SANTA MARTA MARTA 2022** - presents a cordial message from the national, departmental and district governmental authorities to the international sports organizations in the area. We reaffirm the commitment of all the entities involved, to join the necessary efforts to achieve success in the organization and realization of this great sporting event, which with a great vision decided to create Centro Caribe Sports.

This Technical Manual establishes the bases that will govern the competitions of this sport discipline within the scope of the Games, under the guidelines provided by the Statutes and Regulations of Centro Caribe Sports -CCS-, the international standards of the sport preserved by the corresponding continental organization and the Sports Federation of this sport in our country.

The **COSAM 2022** organization makes available to the governing bodies of each of the disciplines that constitute the competition program, the greatest economic, logistical and technological efforts, human resources, facilities and equipment, to the extent of the circumstances, according to the previous coordination, always with the criterion of offering the best conditions to the athletes who will be competing.

It is our desire to be worthy hosts, so we expect the greatest cooperation from all athletes, directors, and officials of the participating delegations that will visit us in November 2022 and of course, we thank you in advance for your understanding for the possible inconveniences that may arise and that we will be ready to overcome through our team and the group of volunteers that will always accompany you.

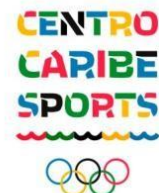
We send you our warmest greetings. Colombia, Magdalena and Santa Marta are waiting for you with open arms. Warmest greetings and best wishes for success in this new sea and beach sports competition.

ORGANIZING COMMITTEE COSAM 2022.

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NAME	POSITION	COUNTRY
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Mrs. Jimena Saldana	1st vice president	Mexico
Mr. Ciro Solano Hurtado	2nd vice president	Colombia
Mrs. Sarah Rosario	3rd vice president	Puerto Rico
Mr. Edward Alvarez	general secretary	Venezuela
Mr. Camilo Amado	Treasurer	Panama
Mrs. Judith Simons	1st. Vocal	Bermuda
Mr. Roberto Herrera	2nd Member	Cuba
Mr. Christopher Samuda	3rd.Vocal	Jamaica
Mr. Angel Morales	4th.Vocal	US Virgin Islands
Mr. Hans Larsen	5th.Vocal	Haiti

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CENTRO CARIBE SPORTS



NAME	POSITION	COUNTRY
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Dr. Ciro Solano	New Projects Commission	Colombia
Dr. Sara Rosario	Future Venues Commission	Puerto Rico
Dr. Eduardo Alvarez	Education Commission	Venezuela
Dr. Camilo Amado	Finance Commission	Panama
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Dr. Christopher Samuda	Legal Commission	Jamaica
Dr. Angel Morales	Legacies Commission	Virgin Islands
Dr. Hans Larsen	Medical Commission	Haiti
Dr. Felipe Vicini	Marketing Commission	Dominican Republic

TECHNICAL COMMISSION

NAME	COUNTRY	POSITION
Mr. Luis Mejia	President	Dominican Republic
Mr. Tony Mesa	Member	Dominican Republic
Mr. Victor Vargas	Member	Venezuela
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MEMBERS OF CENTRO CARIBE SPORTS CCS (COUNTRIES)

Antigua	ANT			GUY	Guyana
Aruba	ARU			HAI	Haití
Bahamas	BAH			HON	Honduras
Barbados	BAR			ISV	Islas Virgenes
Belice	BIZ			IVB	Islas Virgenes GB
Bermuda	BER			JAM	Jamaica
Costa Rica	CRC			LCA	Santa Lucía
Cuba	CUB			NCA	Nicaragua
Islas Caimán	CAY			PAN	Panamá
Dominica	DMA			PUR	Puerto Rico
República Dominicana	DOM			SKN	San Cristóbal y Nieves
El Salvador	ESA			SUR	Surinam
Granada	GRN			TTO	Trinidad y Tobago
Guatemala	GUA			VEN	Venezuela
México	MEX			VIN	San Vicente y las Granadinas
	Pais Sede			Colombia Col	

MIEMBROS ASOCIADOS

	Martinica(MTQ)		Guadalupe(GLP)		Guyana francesa(GUF)
	San Marten(SXM)		Turks & Caicos(TCA)		Curazao(CUW)

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COSAN 2022

Organizing Committee of the Central American and Caribbean Beach Games - Santa Marta 2022

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Dr. Luis Mejia Oviedo	President Centro Caribe Sport
Dr. Ciro Solano Hurtado	President Colombian Olympic Committee – COC – President
Dr. Carlos Caicedo Omar	Governor of the Department of Magdalena
Dr. Virna Lizi Johnson Salcedo	Mayor of Santa Marta
Dr. Omar Segura Caicedo	Sports Director of Magdalena (E)
DC. Diego Fernando Salguero	Captain Commander of Santa Marta's Por – DIMAR
DC. Mario Rodriguez Munoz	Coast Guard Commander of Santa Marta
Dr. Daniel Murcia Calderon	President of Magdalena's Promoter – PROMAGDALENA
Dr. Edgar Martinez Varon	District's Sports Institute Director – INRED Technical Secretary for the Organizing Committee

OPERATIONAL ORGANIZATION – COSAM 2022

Abraham Katime Orcasitas	General Director
Alexandra Palencia	Administrative Director
Edgar Martinez Varon	Sports Technical Director
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1. PLACE AND DATE OF THE COMPETITION

The Beach Wrestling competitions of the I Central American and Caribbean Beach Games Santa Marta 2022 will be held on November 20 and 21 in the court No. 3 of the Multisport Beach Park, located in the area of the Rodadero South Sector.

The technical meeting will be held on Saturday, November 19.

2. COMPETITION AND MEDALS

The competitions scheduled for beach wrestling in the First Central American and Caribbean Beach Games Santa Marta 2022 are as follows:

2.1. MEDALS

COMPETITION

BEACH WRESTLING MASCULINE

BEACH WRESTLING FEMENINE

TOTAL, MEDALS

	MEDALS		
Oro	Silver	Bronze	
4	4	4	
4	4	4	
8	8	8	

The Organizing Committee may exclude those competitions that at the closing of the numerical registration have a minimum established according to the regulations established by CCS.

2.2. SYSTEM OF COMPETITION

With less than 6 athletes in a weight category, one group is established and disputed with the Nordic system.

No final is organized for such format. The ranking of the group will be the ranking of that weight category.

With 6 or 7 wrestlers, there will be organized 2 groups of 3 or 4 wrestlers. Each group is disputed as a Nordic system. The top 2 wrestlers of the 2 groups advance to the semifinals.

With 8 wrestlers, there will be organized 2 groups of 4 wrestlers.
Each group is disputed as a Nordic system.

The top 2 wrestlers of the 2 groups advance to the semifinals.

With 8, 7 or 6 wrestlers, the semi-finals will be composed by the Winner of Group A vs Second of Group B and Second of Group A vs Winner of Group B.

With 8 wrestlers, the positions of the seeds are the same but by only using 2 groups instead of 6, as follows:

Group A	Group B
1	2
4	3
5	6
8	7

With 7 wrestlers, the positions of the seeds are the same but by only using 2 groups instead of 6, as follows:

Group A	Group B
1	2
4	3
5	6
-----	7

With 6 wrestlers, the positions of the seeds are the same but by only using 2 groups instead of 6, as follows:

Group A	Group B
1	2
4	3
5	6

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3. COMPETITION PROGRAM

DAY:	DATE:	SESSION:	FROM:	TO:	EVENT:
0	19/11/2022		11:00	12:00	Technical Meeting
1	20/11/2022	Morning	07:00	07:30	Weight-in and Medical Check Ups
			7:30	8:00	Draw all categories
			09:00	12:00	R1 Femenine 50 kg R1 Femenine 60 kg R1 Femenine 70 kg R1 Femenine+70 kg R1 Masculine 70 kg R1 Masculine80 kg R1 Masculine 90 kg R1 Masculine +90 kg
		Afternoon	14:00	17:00	R2 Femenine 50 kg R2 Femenine 60 kg R2 Femenine 70 kg R2 Femenine +70 kg R2 Masculine 70 kg R2 Masculine 80 kg R2 Masculine 90 kg R2 Masculine +90 kg
2	21/11/2022	Morning	09:00	12:00	R3 Femenine 50 kg R3 Femenine 60 kg R3 Femenine70 kg R3 Femenine+70 kg R3 Masculine 70 kg R3 Masculine 80 kg R3 Masculine 90 kg R3 Masculine +90 kg
		Afternoon	14:00	17:00	Finals Femenine 50 kg Finals Masculine 70 kg Finals Femenine 60 kg Finals Masculine 80 kg Finals Femenine 70 kg Finals Masculine 90 kg Finals Femenine +70 kg Finals Masculine +90 kg
			17:00		Medal Ceremony

4. MAXIMUN NUMBER OF COMPETITORS

In accordance with the quotas established by Centro Caribe Sports, the Beach Wrestling competition will have a maximum of sixty-four (64) athletes, whose quotas will be defined by UWWA.

Each NOC may register a maximum of the number of athletes officially indicated by the UWWA.

5. ELEGIBILITY

To be eligible to participate in the I Central American and Caribbean Beach Games – Santa Marta 2022, athletes must abide by the CCS statute and UWW Rules and must be duly registered by their NOC.

Every athlete must have a UWW 2022 license

6. NATIONALITY

Any athlete participating in the I Central American and Caribbean Beach Games – Santa Marta 2022, must have the nationality of the NOC country that registered them. The competitor's nationality is determined according to the CCS Regulations.

7. CATEGORY AND AGE OF COMPETITORS

Female and male, unique open category according to the UWW standards.

8. REGISTRATION

All countries, through the respective NOC, must send their Intention to participate in Sports and modalities in the official forms established by the Organizing Committee, no later than 23:59:59 (Colombian time) on May 31 of 2022. The sports in which they are going to participate must be indicated in it, in the I Central American and Caribbean Beach Games - Santa Marta 2022.

8.1. FINAL SPORTS REGISTRATION

Required to be made in the corresponding format through the respective NOC and received before midnight (Colombian time) on June 19th, 2022, presented before the Organization of the I Central American and Caribbean Beach Games - Santa Marta 2022. The sports and gender in which they will definitely participate must be indicated.

8.2. NUMERICAL REGISTRATION

Required to be done through the respective NOC and received no later than 23:59:59 (Colombian time) on August 19th, 2022, in the established format, before the organization of the I Central American and Caribbean Games – Santa Marta 2022.

8.3. NOMINAL REGISTRATION – LONG LIST

The “Nominal List - Long List”: of athletes, team officials, technical bodies, administrative and auxiliary personnel must be sent by each NOC no later than 23:59:59 (Colombian time) on August 19, 2022. They may register up to double the quota established for each sport. The long list must be registered in the form established by the Organization to comply with the closing date.

8.4. INDIVIDUAL NOMINAL REGISTRATION PER COMPETITION

No later than 23:59:59 (Colombian time) on October 19, 2022.

8.5. FINAL REGISTRATION (DRM MEETING) – November 16/18

The final record of athletes, team officials, technical bodies, administrative and auxiliary personnel, will be cleared in a meeting 72 hours before the arrival date of the first group of their delegation or as established by the Organizing Committee (Key Dates), between the Chief of Mission or a representative authorized by the NOC and the representatives of the Organizing Committee. (Registration - Accreditations - Technical, etc.), called "Delegation Registration (DRM)", which will take place in the Office of the Technical Directorate of the Games.

At the time of the Final Registration, no other registrations may be included, it will only be based on the names registered in the "Nominal List - Long List", nor may it exceed the number of athletes indicated in the Technical Instructions (Technical Manual). for sport. The number of team officials in a delegation may not exceed 40% of the total number of athletes confirmed in the DRM. Once the DRM is finished, the registration and accreditation process of the Delegation will be finished, not being possible the accreditation of any other participant, except in exceptional cases duly authorized by Centro Caribe Sports.

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8.6. SHIPPING

It must be done by each NOC through the means officially established by the Organization of the Games through the Technical Delegate

9. TECHNICAL OFFICIALS

The Championship authorities will be designated by the UWW Americas, as well as the Competition Direction, according to the quotas that are officially established by the Technical Direction of the Games. The referees of the participating countries will also be approved, according to the request of the COSAM 2022 Organization.

10. PROTESTS AND APPEALS

For all competition purposes, the official UWW regulations will be followed.

11. SPORTS EQUIPMENT

All aspects related to the competition teams for the different modalities will be regulated, verified and approved by the International Technical Delegate - ITD, in accordance with the regulations of UWW.

12. TECHNICAL MEETING

- The Technical Meeting will be held on November 19th, 2022 at 11:00 a.m. in one of the official hotels of the organization.
- Up to two representatives of each NOC may attend this technical meeting
- The invitation cards for the technical meeting will be available to the mission chiefs at the technical office of the beach sports park as soon as they arrive.
- The championship technical delegate (ITD) and the technical director of the COSAM 2022 Organizing Committee will chair the meeting, which will be in English and Spanish.

13. AWARDS CEREMONY

The awards will take place on 21st at the El Rodadero Beach Sports Park Awards Center, once the final game of the men's branch has finished. They will be carried out in accordance with the regulations of CENTRO CARIBE SPORTS chapter XIII.

- First Place: A gold medal and diploma.
- Second Place: A silver medal and diploma.
- Third place: A bronze medal and diploma.

14. COMPETITION FACILITIES

The competitions will be held in the sports park field no.3 located on the beach of El Rodadero, South sector.

15. MINIMUM PARTICIPATION

For an event to be considered official, at least five (5) representations from the same number of National Olympic Committees must participate. In the event that one or several representations, after the Technical Meeting, are unable to participate due to force majeure (verified by CENTRO CARIBE SPORTS), the event will be held with a minimum number of four (4) representations of equal number of National Olympic Committees.

16. DOPING CONTROL AND MEDICAL ASPECTS

16.1. DOPING CONTROL

16.1.1. The tests for doping control will be carried out by the Medical Commission of the Organizing Committee of the I Central American and Caribbean Beach Games - Santa Marta 2022-, under the regulations of the Medical Commission of Centro Caribe Sports and in accordance with its Anti-Doping Rules. approved by WADA. CCS reaffirms its policy of rejecting, sanctioning and discouraging, by all means, the use of doping substances and prohibited methods to ensure the healthiest, safest, most equitable and ethical environment in sports competitions during the I Central American and Caribbean Beach Games – Santa Marta 2022-.

16.1.2. The selection of athletes for sampling will be carried out in accordance with the CCS guidelines and carried out by the ODESUR Medical Commission. The analysis of the samples will be in charge of the laboratory approved by CCS, with the approval of the WADA.

16.1.3. In the I Central American and Caribbean Beach Games - Santa Marta 2022- every competitor who participates, is subject to comply with all anti-doping policies and regulations; and will have to be available submit to the controls and/or medical examinations that are required; they will be responsible in the context of the fight against doping, for what they ingest and use and will inform the medical staff of the use of any prohibited substance and prohibited methods. Any competitor who refuses to submit to a doping control will commit an Anti-Doping Rule Violation and may be immediately removed from the Games and his credential withdrawn.

16.1.4. In cases where more than two (2) members of a sports team commit a violation of the Anti-Doping Rule during the competitions of the I Central American and Caribbean Beach Games - Santa Marta 2022, the team in question may be disqualified or any other disciplinary action deemed appropriate by the CCS Executive Committee.

16.2. MEDICAL SERVICES AT THE COMPETITION AND TRAINING SITE

16.2.1 There will be a medical post to provide first aid to athletes and officials at each competition and training site, which will have all the necessary elements in terms of safety for sports activities.

16.2.2 There will always be ambulances available for cases in which the transfer of a member of the family of the I Central American and Caribbean Beach Games – Santa Marta 2022 is necessary to an accredited hospital.

17. PROCEDURES AFTER THE COMPETITION

At the end of each event, the athletes, upon leaving the competition area, will be taken to go through the Mixed Zone, a place where the accredited media will be able to conduct brief interviews after their competition. There they will be asked to cooperate and talk with representatives of the media.

18. ADDITIONAL INFORMATION

18.1. COORDINATES AND GEOGRAPHICAL CONDITIONS OF SANTA MARTA – COLOMBIA

- **Altitude of the municipality of Santa Marta** 18 meters high
- **Geographical coordinates** **Latitude:**11,233
Length:-74.2
Latitude:11° 13' 59" North
Length:74° 12' 0" West

18.2. DISTANCE MAIN CITIES OF COLOMBIA IN KM

Bogota: 737km	Medellin: 578km	Cali: 906km
Barranquilla: 70 km the closest	Cartagena de Indias: 170 km	Cucuta: 415km
Bucaramanga: 474km	Ibague: 765km	Soledad: 70 km
Pereira: 733km	Soacha: 740km	Montería: 332 km
Villavicencio: 791 km	San Juan de Pasto: 1167km	Bello: 565km

Calculated distance in a straight line