

KRISTJAN PALUSALU

34th MEMORIAL

IN GRECO-ROMAN AND FREESTYLE WRESTLING

March 31 – April 2, 2023

TOURNAMENT VENUE:

KALEVI SPORTS HALL,

Juhkentali 12, 10132 Tallinn



**KRISTJAN PALUSALU
MÄLESTUSVÕISTLUSED
KREEKA-ROOMA MAADLUSES**



ASUTATUD
1901



EESTI MAADLUSLIIT
ESTONIAN WRESTLING FEDERATION



**UNITED WORLD
WRESTLING**





KRISTJAN PALUSALU

34th MEMORIAL

IN GRECO-ROMAN AND FREESTYLE WRESTLING

MARCH 31-APRIL 2, 2023



WE INVITE YOU TO PARTICIPATE IN THE XXXIV INTERNATIONAL KRISTJAN PALUSALU MEMORIAL GRECO-ROMAN AND FREESTYLE WRESTLING TOURNAMENT, HELD ON MARCH 31 - APRIL 2, 2023 IN TALLINN

GRECO-ROMAN WRESTLING WEIGHT CATEGORIES: -55, -60, -63, -67, -72, -77, -82, -87, -97, -130kg (+2 kg)
FREESTYLE WRESTLING WEIGHT CATEGORIES: -57, -61, -65, -70, -74, -79, -86, -92, -97, -125kg (+2 kg)

All entries should reach the Estonian Wrestling Federation (est@uww.org) at latest by following deadlines:
Preliminary entry: **March 4th** (number of wrestlers/coaches/leaders/officials) Final entry (by name): **March 21st**

THE BEST WRESTLERS IN EACH WEIGHT CATEGORY WILL BE AWARDED ACCORDINGLY:

GRECO-ROMAN WRESTLING

Weight categories: -55; -60; -63; -67; -72; -77; -82; -87; -97 kg
I koht - diploma, medal / 200 EUR
II koht - diploma, medal / 100 EUR
III koht - diploma, medal / 50 EUR
Weight category -130 kg
I koht - diploma, medal / 500 EUR
II koht - diploma, medal / 300 EUR
III koht - diploma, medal / 100 EUR

The top three teams will be awarded with a cup, prize, and diploma. Teams will be awarded points based on the results of the 6 best wrestlers. In each weight category, the first place will award 7 points, the second place 5 points, the third place 4 points, the fourth place 3 points, the fifth place 2 points, and the sixth place 1 point.

PARTICIPATION FEE

The participation fee is **246€** per person
The daily cost per person is **82€**

The participation fee includes:

- Participation according to the program;
- Three nights in a hotel with breakfast:
April 1-3, 2023;
- Lunch on the March 31 - April 2, 2023
- Dinner on the March 31 - April 2, 2023

* extra night in the hotel costs **82€**, breakfast included

REGISTRATION

e-mail: est@uww.org

Accommodation, transport, registration:

Jaanika Kaljola +372 514 9591 EST; RUS

Accommodation, transport, registration:

Simmo Säärts +372 5342 4567 EST; ENG

THE TOURNAMENT WILL BE CONDUCTED UNDER UNITED WORLD WRESTLING RULES. In all weight categories the 3rd place will be wrestled out. Wrestlers born in 2005 and older are allowed to participate. UWW license is required to compete.

FREESTYLE WRESTLING

Weight categories: -57; -61; -65; -70; -74; -79; -86; -92; -97 kg
I koht - diploma, medal / 200 EUR
II koht - diploma, medal / 100 EUR
III koht - diploma, medal / 50 EUR
Weight category: -125 kg
I koht - diploma, medal / 500 EUR
II koht - diploma, medal / 300 EUR
III koht - diploma, medal / 100 EUR

PROGRAM

FRIDAY, 31. march

14:00-20:00	Training area
12:00-14:00	Lunch
16:00-20:00	Accreditation of participants, all weight categories
18:00-19:00	Team competition
18:00-20:00	Dinner

SATURDAY, 1. april

8.30-9.00	Medical examination and photographing of participants
9.00-9.30	Weigh-in, all weight categories
12.00-14.00	Lunch
11.00-16.00	Competition GR wrestling / FS wrestling
16.00-20.00	Dinner
21.00	Official banquet

SUNDAY, 2. april

9.00-9.15	Weigh-in, all weight categories
11.00-13.00	Competition GR wrestling / FS wrestling
12.00-14.00	Lunch
13.00-13.30	Opening ceremony
14.00-17.00	Finals

THE TOURNAMENT IS ORGANISED BY THE ESTONIAN WRESTLING FEDERATION AND ESTONIAN SPORTS ASSOCIATION KALEV.

INTERNATIONAL TRAINING CAMP 2023

3.-7. April 2023. The participation fee is **82 EUR** per day.

After the competition, there will be a training camp for a Greco-Roman adult and junior team.

Head coach: Tõnis Naarits, head coach of the Estonian Greco-Roman adult team, +372 520 8112.

Camp info: est@uww.org