



Ulaanbaatar 2023
East Asian Youth Games



WRESTLING

Technical Handbook



Sport Technical Handbook for
Ulaanbaatar 2023
East Asian Youth Games
(ver. 3.2)
July 18, 2023



WRESTLING

Important notice

Every effort has been taken to ensure that the information included in this Technical Handbook is correct as of the date of publication. Updates may be provided during Ulaanbaatar 2023 EAYGOC.

Version: 3.0



TABLE OF CONTENTS

<i>I. Games Overview</i>	1
1. About Mongolia in brief	1
2. EAYG Introduction	3
3. Significance	4
4. EAYG Emblem	5
5. EAYG Slogan	6
6. Mascots	7
<i>II. General Competition Schedule</i>	9
<i>III. Competition Venue</i>	10
<i>IV. Technical Regulations</i>	11
<i>V. Key Contacts Information</i>	21





I. Games Overview

1. ABOUT MONGOLIA IN BRIEF

Name of Capital City: Ulaanbaatar, located roughly in the center of Mongolia.

Population: 3,413 million

Average altitude: 1.580 m above sea-level

Climate: Average summer temperature +20°C,

Average winter temperature -26°C,

Average rainfall 200 - 220 mm

Official language: Mongolian

Religions: Buddhism, Muslim, Christian and Shamanism

Currency: Tugrug (MNT), 3450.00₮ (MNT)= 1\$ (USD) by June 1, 2023.

Main entry points:

“Chinggis Khaan” International Airport (located in Tuv province),

Sukhbaatar province (railway station on the Mongolian-Russian border)

and Zamiin Uud (railway station on the Mongolian-Chinese border)

Voltage: 220 volts/50 HZ

Food: Mongolians mostly eat cuisine consisting of various kinds of meat. “Chanasan makh” is boiled fatty meat (sheep, beef, goat) with salt and some vegetables. “Buuz” is large steamed dumplings and recipes are dough filled with sheep or beef with onion and garlic. “Aaruul” is dried curd with or without sugar. Mongolians like to eat aaruul as a snack. “Suutei Tsai” is traditional Mongolian tea with milk. “Chatsargana” is seabuckthorn juice that 100% natural and contains many vitamins and organic acids that boost the immune and digestion systems.

Emergency numbers:

- Fire emergency - 101
- Police - 102
- Medical emergencies and ambulance -103
- COVID-19 emergency - 109



2. EAYG INTRODUCTION

The East Asian Youth Games (EAYG) is a continental multi-sport event held every four years among players from East Asian NOCs which are members of the East Asian Olympic Committees (EAOC). Ulaanbaatar is the city in the world to host the East Asian Youth Games for the first time.

Official Name: ULAANBAATAR 2023 EAST ASIAN YOUTH GAMES

Mongolian Name: “УЛААНБААТАР 2023” ЗҮҮН АЗИЙН ЗАЛУУЧУУДЫН НААДАМ

Duration: 8 days, August 16 (Wed) - 23 (Wed), 2023

Venue: 10 venues (in Ulaanbaatar)

Sports Program: 11 sports

Host City: Ulaanbaatar, the Capital City of Mongolia
Ulaanbaatar East Asian Youth Games Organizing
Committee (UEAYGOC)

Authority: The East Asian Olympic Committees



3. SIGNIFICANCE



Organizing a multi-sport event, East Asian Youth Games, for the first time in Mongolia will contribute to spreading and promoting the ideals of Olympism /Olympic Value/, in compliance with the provisions contained in the Olympic Charter. And the fundamental principles are expressed in the Olympic Charter, and the Constitution and Rules of the Olympic Council of Asia are to be observed and safeguarded.

The mission of the East Asian Youth Games is to promote the development of sports, culture, education, and the spirit of fair play in sports competitions among young people in East Asia and build up the physical fitness of young generation in the region. Discover the young talented players in East Asia and strengthen the relationships between them and inspire them to participate in the Olympic Games in 2028 and 2032.

While promoting the Host city, Mongolian history, tradition, culture, and art will be introduced and advertised to the participating players and officials during the event.

4. EAYG EMBLEM



Ulaanbaatar 2023

East Asian Youth Games

The design concept of the Ulaanbaatar 2023 East Asian Youth Games logo is inspired by the shape of the Toono which is one of the essential components of the traditional Mongolian Ger. The Toono firmly holds the walls together with Uni. It brings the sunlight down to the Ger, welcoming everyone inside to sit down together and converse.

Moreover, Toono and Uni together symbolize the sunlight, and if we imagine the Earth as a Ger, Mongolia is situated where the Toono is placed. Many people work together to set up the Toono. Therefore, our emblem represents the unity of participating athletes and representatives of East Asian National Olympic Committees under one roof.

Thus, let us come together under the Toono that our athletes have built - to showcase and exchange the culture, history, pride a love for sports as we all live and breathe under one Ger - Earth.

With our athletes coming from all parts and directions of majestic East Asia, we believe that their strength, will and achievements will help us create and hold a bright future together. Let us celebrate our love and respect for each other's culture, passion for sports and unity at the very first East Asian Youth Games in Ulaanbaatar in 2023.

5. EAYG SLOGAN



Come
Dream **TOGETHER**
Stand

6. MASCOTS



Hello, I'm HAKI, the Hanger bird, in Mongolian Khangardi.
My favorite word to say is HEY BOY:
Hardworking, Healthy
Eager, elated, enjoyable.
Young BOY.

I'm a mythical bird too.
I'm the symbol for Ulaanbaatar, the capital city of Mongolia.



Hello, I'm INGA, which is a phoenix bird.
Galbingaa means phoenix in Mongolian.
My motto is GO GIRL and meaning is,
Gorgeous, Generous, Genuine
Omnipotent, Obedient and Open-hearted GIRL.

I'm a mythical bird and I can sing with the god's voice.
I was an Ancient Mongolian's totem.
I can give faith, hope and inspiration to you and your children.

II. General Competition Schedule

Sports	Day 1 Aug 16	Day 2 Aug 17	Day 3 Aug 18	Day 4 Aug 19	Day 5 Aug 20	Day 6 Aug 21	Day 7 Aug 22	Day 8 Aug 23	Venue
Opening ceremony	●								National Stadium
Athletics					■				Athletics Field of Nalaikh District
Badminton		■							Futsal Hall of MFF
Basketball				■					UG Arena
Basketball 3x3		■							Sukhbaatar Square
Boxing	■								Wrestling Palace
Esports		■							Central Cultural Palace
Football		■							MFF Stadium
Judo		■							Steppe Arena
Table Tennis		■							Gan Sports Center
Taekwondo			■						Steppe Arena
Volleyball			■						Buyant Ukhua Sports Palace
Wrestling						■			Steppe Arena
Closing ceremony								●	Sukhbaatar Square

Note. There might be changes of the venue depending on the unexpected situation.

III. Competition Venue



Wrestling competition will be held in **Steppe Arena**, which is newly constructed indoor multi-sport arena, located in the west part of Ulaanbaatar.

Venue address: Arkhivchdiin street-761, 8th Khoroo, Khan-Uul district, Ulaanbaatar, Mongolia.

IV. Technical Regulations

Wrestling

1. DATES

The Wrestling competition will be held from August 21 to August 22, 2023 at Steppe Arena.

- **Wrestling – Men**
August 21 to August 22, 2023
- **Wrestling – Women**
August 21 to August 22, 2023

2. VENUES

Competition venue	Steppe Arena
Training and Warm-up venue	Central Sports Palace Tiger Sports Center

3. COMPETITION EVENTS

The competition will comprise of the following 12 events, including six (6) events for men and six (6) events for women.



Men's event (6)	Women's event (6)
Freestyle (FS)	Freestyle (WW)
48kg	43kg
51kg	46kg
55kg	49kg
60kg	53kg
65kg	57kg
80kg	65kg

4. ELIGIBILITY

The East Asian Youth Games are open to members of the East Asian Olympic Committee and the United World Wrestling Asia (UWWA) satisfying the following conditions:

- **Players born on 2006.01.01 – 2008.12.31 (15 – 17 years old)**

Only athletes who comply with UWW Rules and Regulations and its by-laws are entitled to participate in the Wrestling competition. Each wrestler must hold a valid UWW license.

5. ENTRIES TIMELINE

Entries by Sport and Number shall be submitted to the Organizing Committee via the following email before the below-mentioned deadline. Email for registration: registration@ulaanbaatar2023.org

Entry by name should be submitted via e-system before the given deadline.

No	Events	Deadline
1	Entry by Sport	February 28, 2023, 23:59 (Ulaanbaatar local time, GMT +8)
2	Entry by Number	April 30, 2023, 23:59 (Ulaanbaatar local time, GMT +8)
3	Entry by Name	June 30, 2023, 23:59 (Ulaanbaatar local time, GMT +8)

6. ENTRY POLICIES

Each NOC participating in the Wrestling competition may enter a maximum of six (6) men and six (6) women athletes in all weight categories with one (1) athlete for each weight category.

In case of a participation of with three (3) or more athletes (all styles together) in UEAYG competition. The team must enter minimum one (1) international category referee.

Any NOC that withdraws its players or teams after the submission of the final entries by name or the Team Draw phase will be faced with disciplinary action by the EAOC.

7. COMPETITION RULES

The Wrestling Competition shall be played in accordance with the latest the United World Wrestling (UWW) Rules, in force during the Games time. All necessary interpretations will be made before the competition during the General Technical Meeting.

In case of any disagreement in the language interpretation of the rules and regulations, the English version of the Rules and Regulations of UWW shall prevail.

Any unforeseen cases not covered by regulations and rules shall be resolved as follows:

- General issues: Resolved in accordance with Constitution the East Asian Olympic Committees;
- Technical issues: Resolved in accordance with the FIVB Rules and Regulations.

Appeals should be made by the athlete or their Team Manager only to the Referee. If a Referee maintains his or her decision, the complaint shall be referred to the Technical Delegate. The decision of the Technical Delegate will be final.

8. COMPETITION SYSTEM

The Wrestling competition will follow the system based on direct elimination with repechage. If there is no ideal number of wrestlers in a category, qualification matches will be organized.

Pairing is made in the order of the numbers drawn at random.

All wrestlers who lost against both finalists will have repechage matches.

There are two separated groups of repechages: one group of wrestlers who lost against the finalist of the upper part of the bracket, and another group of wrestlers who lost against the finalist from the bottom part of the bracket.

The repechage matches begin with wrestlers who lost in the first round, including in qualification matches to obtain the ideal number against one of the two finalists up to the losers in the semi-finals by direct elimination.

The winners of the two repechage groups will receive each the bronze medal depending on the participating wrestlers.

9. COMPETITION DURATION

In accordance with UWW International Wrestling Rules, duration of a bout for the wrestling competition will be two periods of 2 minutes with a 30-second break.

The timing displayed on the scoreboards will start from 0 to 4 minutes for the wrestling competitions.

10. DRAWS

The draw for all weight categories will be organized on the day before of the first competition day (mandatory for each team leader or his substitute to attend the draw).

11. MEDICAL EXAMINATION, WEIGH-IN AND DOPING CONTROL

The weigh-in will be organized each morning of the concerned weight-category. The weigh-in and the medical control lasts 30 minutes. Wrestlers must appear at the medical examination and the weigh-in with their passport and accreditation card.

The draw for all weight categories will be organized in the day before of the first competition day (mandatory for each team leader or his substitute to attend the draw).

Doping Control during the Games will be conducted in accordance with EAOC Medical Committee instructions applicable to the East Asian Youth Games and will follow the standards and procedures specified by the World Anti-Doping Agency (WADA).

UBEAYGOC, in collaboration with the EAOC Medical Committee, will assist with the investigation of any case where sex determination is required, should the need arise. The need for such tests and processes will be followed as per the rules and procedures laid down by EAOC.

EAOC-regulated medical care and an ambulance will be provided at all venues and sites.

Basic medical and on-site emergency services will be provided free of charges at the venues and residential zones. While the costs incurred by medical treatment in the hospital, emergency referral, follow-up treatment and other medical services shall be borne by the patients themselves.

All team delegations are recommended to take out their own liability and medical insurance.



12. COMPETITION SCHEDULE

PROGRAMM		
August 18	10:00 - 12:00	Final entry
	15:30 - 16:30	Referee consultation
	16:30 - 17:30	Technical delegate conference – all teams
	17:30 - 18:30	Draw: All weight categories
August 21	08:00 - 08:30	Medical examination & Weigh-in FS: 48kg, 55kg, 65kg WW: 43kg, 49kg, 57kg
	10:30 - 12:00	Qualification rounds: FS: 48kg, 55kg, 65kg, WW: 43kg, 49kg, 57kg
	12:00 - 13:00	Repechage: FS: 48kg, 55kg, 65kg, WW: 43kg, 49kg, 57kg
	16:00 - 17:00	Finals, Award ceremonies: FS: 48kg, 55kg, 65kg, WW: 43kg, 49kg, 57kg
August 22	08:00 - 08:30	Medical examination & Weigh-in FS: 51kg, 60kg, 80kg, WW: 46kg, 53kg, 65kg
	10:30 - 12:00	Qualification rounds: FS: 51kg, 60kg, 80kg, WW: 46kg, 53kg, 65kg
	12:00 - 13:00	Repechage: FS: 51kg, 60kg, 80kg, WW: 46kg, 53kg, 65kg
	16:00-17:00	Finals, Award ceremonies: FS: 51kg, 60kg, 80kg, WW: 46kg, 53kg, 65kg

Note. The competition schedule may be subject to change after the completion of the entries.

13. TRAINING

The Wrestling athletes will get training opportunity between 20th to 23rd August 2023 in the Training Hall of Central Sports Palace.

14. REFEREES

The referee consultation will be held on the 20th of August 2023, before the Technical Delegates Conference.

15. TECHNICAL DELEGATES CONFERENCE

Date: August 20, 2023 (Sun)

Time and Place: TBD

16. EQUIPMENT AND CLOTHING

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the UEAYGOC and UWW in force.

Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with the UEAYGOC.



17. AWARDS CEREMONY

Gold, silver and two bronze medals will be awarded to the athletes ranked top four of each event respectively if the number of participants is eight (8) or less than eight (8) athletes. In case of less than 8 athletes per weight category, only 1 bronze medal will be awarded.

Before the Awards Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their official uniforms for the team.

18. MEDIA INTERVIEW

All players should pass through the Mixed Zone. Players and/or coaches should attend press conferences and interviews when there are interview requests for them. It is prohibited for anyone to take the players who has just finished the competition to any place other than the mixed zone and interview room.

16. VISA

For those who would need a visa to enter Mongolia, the Organizing Committee will provide related information in advance respectively.

17. TRANSPORTATION

Free transportation will be provided for arriving and departing athletes and team officials, depending on arrival and departure information and flight schedule.

Transport from the hotel to the venue and back will be arranged according to the Competition schedule respectively.

18. ACCOMMODATION

During the Games, all athletes and officials, including extra officials will be accommodated at the dedicated hotel.

19. SPORT INFORMATION CENTER

All sport-specific information for Wrestling competition will be available at the sport information desks. They are located at the competition venue and at the Sports Information Center (SIC) in the players' Hotel.

V. Key Contact Information

United World Wrestling Asia

President Mr. Daulet Turlykhanov
Secretary General Mrs. Buyandelger Peljee
Address 48a-Abaya Street, Almaty city, Republic of Kazakhstan
Tel (+7) 771 413 1370
Email office@uww.asia
Web <http://uww.asia/?lang=en>

Mongolian Wrestling Federation

President Mr. Badamsuren Khookhor
Secretary General Mrs. Buyandelger Peljee
Address Central Sport Palace-204, Baga toiruu-55, Sukhbaatar district, Ulaanbaatar city, Mongolia
Tel (+976) 11314976, (+976) 99830472
Email MGL@unitedworldwrestling.org
Web www.wrestling.mn

Competition Manager

Name Mr. Altangadas Battulga
Tel (+976) 99830442
Email battulgaaltangadas089@gmail.com

Mongolian National Olympic Committee (MNOC)

President Mr. Battushig Batbold
Secretary General Mr. Badar-Uugan Enkhbat
Address Mongolian National Olympic Committee-14210, Chinggis Avenue 15, Khan-uul district, Ulaanbaatar, Mongolia
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Fax +976 11 34 52 91
Email noc@olympic.mn
Web www.olympic.mn

Ulaanbaatar East Asian Youth Games Organizing Committee JSC (UEAYGOC)

Executive Director Mrs. Buyandelger Peljee
Operational Director Mr. Bat-Enkh Tsevegmid
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- **Information** info@ulaanbaatar2023.org
- **Sports** sport@ulaanbaatar2023.org
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More information:



